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SECOND LOOK

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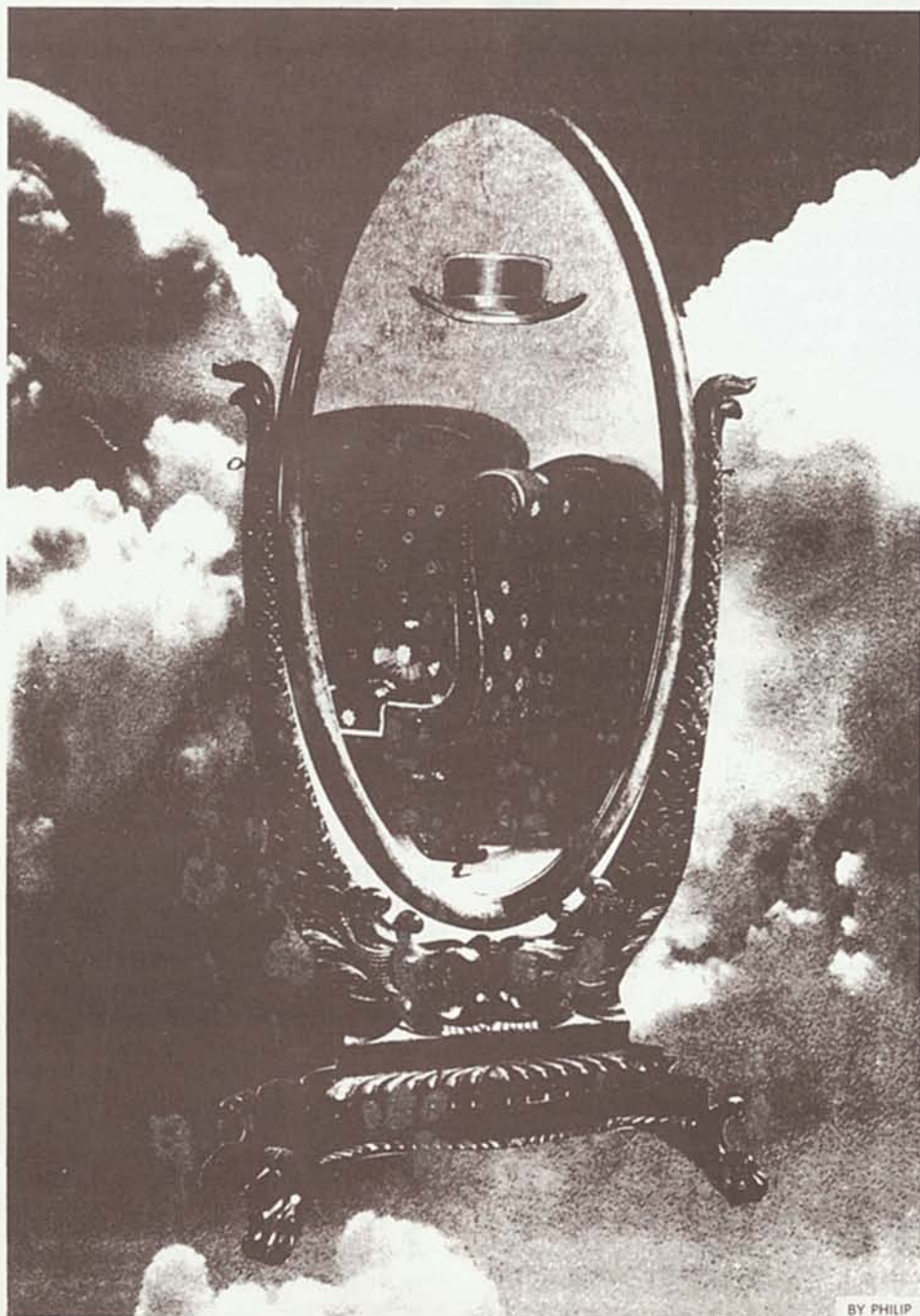
The CONTACTEES

The CIA Connection
Vallée Deceived?
Travis Walton's Story
Hypnosis and Truth



Taking Us To Their Leader

by Robert K. G. Temple



BY PHILIP

Take me to your leader is a strange expression. It implies that you have a leader who is the only person worth being taken to. You are presumably of no use; your leader is the one who counts. It is not democratic. And yet for many years in America we were all saying this as part of our little green man jokes. The flying saucer always landed on the White House lawn in those days; that was perhaps healthier—at least the President is elected.

Jacques Vallée has disturbed us, certainly me, by his new book *Messengers of Deception*, which has been serialized in three preceding issues of this magazine. He suggests that the UFO phenomenon has been manipulated for many years by groups on Earth as part of their intent to bring about radical social change, apparently of an extremist left-wing nature, on our planet. If Vallée's thesis be true, then we have been and are still the victims of the Greatest Hoax in History.

There are aspects to Vallée's theory which he has not personally investigated. He confesses to being puzzled by the "psychotronic technology" which would have to be used to accomplish the considerable feats of manipulating the so-called UFO contactees—people who claim close encounters of the third kind. Vallée knows from his wide experience of interviewing these people that many of them are perfectly sincere and they are not consciously perpetrating fraud. How, then, have they been put into their positions as contactees? What incredibly sophisticated "psychotronic technology" has created these pawns in Vallée's presumed conspiracy? Worried about this problem myself, I undertook some research into this area in order to see if I could discover any kind of manipulation techniques which could result in the kind of things Vallée was talking about. I wanted to see if I could construct a hypothetical "psychotronic technology" which would answer the requirements of Vallée's thesis and be based entirely upon techniques which are known to be possible and which would be relatively simple and even routine, to operate. I wanted to outline an easy and simple means of manipulating and indeed creating the UFO contactees, but which would at the same time appear so mystifying and unlikely that few if any people outside the fields of psychology and

espionage would ever think of it. In fact, I believe that I can set before you just such a scheme—much to my horror.

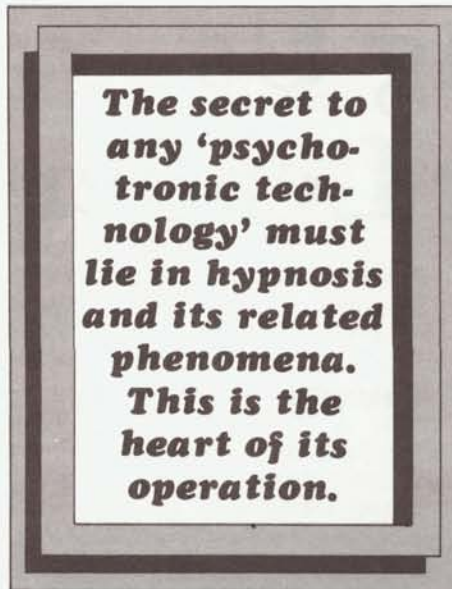
I only wish that I had found something else, something reassuring. I really would enjoy telling you that everything is all right, there cannot be any such “psychotronic technology”—we cannot be manipulated, you are safe driving in your car tonight and will not be captured by “Venusians.” But I am afraid we have been fools. We may be very late indeed waking up to dangers more acute than anyone suspected and which are actually threatening the health and well-being of our culture, and the continuing existence of our liberties.

First of all, we have allowed ourselves for too long to fall for the propaganda that no sensible people can take an interest in UFOs, no scientists can investigate them, because only idiots, madmen, and people who are soft in the head “believe” in them. We are now inheriting the mass ignorance which is the legacy of what I have recently come to believe to be a systematic and sinister campaign to malign and abuse serious investigators of UFOs so that the truth about UFOs could not come out, and so that the public could continue to be fooled and manipulated for the worst possible motives.

I shall begin by turning my attention to that most glaring hole in the credibility of the UFO contact phenomenon: *the role of hypnosis in uncovering the stories and experience of “contactees”*. The public ignorance of hypnotic techniques is simply appalling. We naively believe that when some hypnotist puts a contactee into a trance in order to recover his or her story, the process of hypnosis is itself neutral, a marvellous tool with which we can reach the truth. *This is error number one.*

In fact, the secret to any “psychotronic technology” must lie in hypnosis and its related phenomena. This is the heart of its operation. And we shall see that the creation and manipulation of contactees is not so difficult after all, and could be done relatively routinely, using the same simple techniques in most cases.

First of all, you need the hardware to have a UFO in the first place. In an article in the first issue of **Second Look** (November, 1978), I described the existence of an aerodynamic technology of a secret nature possessed by all the major powers and which could explain many UFO sightings. Particularly this would



explain such sightings seen near military installations (of which there are so many), as the craft I discussed are secret military spy craft about which the public knows almost nothing. There was nothing secret or classified in what I wrote, but no one had ever gathered together even those few small bits of information before to suggest that RPVs (Remotely Piloted Vehicles) were responsible for some UFO sightings.

I pointed out that RPVs fly constantly through our skies, unknown to all but the security agencies. (You may remember how secret the U-2 was for many years, as an example of how things can be kept under wraps.) I quoted an expert as saying that in America alone, at least 10,000 RPVs would have been constructed in the decade commencing in 1973. There were in 1973 at least 430 different types of such craft. By now there must be many more. These craft can perform all of the aerodynamic manoeuvres so frequently reported of UFOs—tight right angle turns which could kill any living creature on board, sudden descents and ascents, and so on. These craft are designed for radar invisibility but often their giant wing-spans can from certain angles reflect light—even the Sun over the horizon at night—but then from a slightly different angle there would be no reflection, and the craft would be invisible. These RPVs are absolutely essential in connection with spy satellites: spy satellites over-the-horizon can only be controlled and monitored by means of RPVs carefully positioned to be “visible” to both the ground control station and the satellite. A huge fleet of RPVs is always on tap by any major power for these and other purposes. Ordinary aircraft controllers and

radar operators would not pick these craft up and could not know of their existence, or at least of their whereabouts.

The advanced aerodynamic technology of the RPVs can be adapted to transport occupants, resulting in “manned RPVs”. These would obviously be restricted in their manoeuvrability compared to the unmanned craft, due to the limitations of their carrying human beings who would be killed by the tight right-angle turns which the usual RPVs can easily perform. But a “manned RPV”-type craft would have many advantages. Such a craft would be the perfect vehicle for carrying out the notorious cattle mutilations. Having a vertical take-off and landing ability, such a craft could spray gas on a herd of cattle so that they would all fall over unconscious; after hovering until the gas dispersed, a team could even be lowered to accomplish the mutilations. (Some descriptions of the cattle all having been looking in the same direction indicate that light or sound was used to attract the attention of the cattle.) In trying to demoralize an enemy population, psychological warfare experts have various aims which are common to a whole range of operations. If the Soviet Union wished to demoralize the American public as well as the American defense establishment, it could hardly have a more dramatic single operation than leaving mutilated cattle on the doorstep of NORAD headquarters in the western United States, which is actually what has happened. It may be that the Soviet Union is making use of the UFO phenomenon in order to spread terror by meaningless but highly coordinated and meticulously carried out acts of violence, often on the doorsteps of military installations. Such acts are intended to demonstrate to the American public the powerlessness of its government to protect it, since it cannot even prevent such insults in highly sensitive areas. There could even be a group of disenchanting Vietnam psychological warfare veterans doing this on their own. For all of these acts bear the unmistakable hallmarks of “psywar” techniques of demoralization and attempting to create by inference an aura of omniscience and omnipotence for the UFOs, which are meant to lead us to believe that resistance to them would be useless and research into them would be pointless.

The technology of RPVs and ‘manned-RPVs’ combined with a modicum of ground-based coordination could together provide the perfect scenario for

fabricated UFO contacts. This is not just a matter of playing games with lights in the sky and making casual observers go "Gee whiz!" so that they think they have seen UFOs. What I am suggesting is that there may be a vast campaign to tamper with unsuspecting people's minds, which in turn implies a degree of contempt for the individual human being so strong that it can only mean that the manipulators are our deadly enemies, and that their motives can only be evil.

It is becoming more commonly known that many if not most UFO contactees have had apparently casual "aid" from a hypnotist in recalling their experiences. Through research into hypnosis, I came to realize that this process of coaxing memories out of contactees was suspicious. First of all, even the most casual familiarity with hypnosis—and certainly any professional should know this—will reveal to any serious student that a hypnotist can elicit responses he *wishes to* elicit from the hypnotic subject. It is not necessary for him to do this on purpose; subjects in trance are so highly suggestible that they can subtly pick up from phrasing and intonation what the hypnotist *secretly wishes*, or perhaps only expects, to learn. There is amongst medical men a vast literature warning practitioners of just this danger, especially for work in psychiatry, where there is the constant danger that the hypnotist can actually create or at least complicate mental illness through therapy. This is widely recognized as a major danger to patients and as an obscuring factor in scientific research.

Task Number One: Investigate the hypnotists who are involved in "helping" contactees. Find out about their affiliations and their backgrounds and their qualifications.

Task Number Two: Do a survey of previous hypnotic work with UFO contactees and rigorously examine the standards and techniques and precautions of each single case; present the facts of cases where work has been sub-standard to major medical bodies and request investigations or condemnation or even disciplinary action against the sub-standard practitioners, if these be found.

Task Number Three: Identify all UFO investigators who have collaborated with hypnotic techniques of investigation, and compile reports on their precise roles and whether they joined in questioning contactees under hypnosis.

Task Number Four: This one is fairly obvious, and could yield hard

quantitative evidence of a type which is all too rare in this field. Do a survey of contactees, using the standardized Stanford Hypnotic Susceptibility Test. I suspect that the results will show that contactees are all hypnotizable, and are atypical of the population at large. In fact, I suspect that they would fall into the very top percentages of hypnotizables.

The most important thing to realize about hypnosis is the technique of the post-hypnotic suggestion. If you have someone in the trance state you can "suggest" that when he has awakened from trance, he will: (a) not remember anything that has occurred during or just before the trance, including the entire induction and his instructions, and (b) not be consciously aware of certain actions which he will perform when out

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of trance which he has been instructed under trance to do later. There are so many examples of this that every hypnotist finds it child's play to suggest to a subject that when awakened he will, upon hearing the word "fox" scratch his head furiously. If you ask the awakened subject why he is scratching his head, he will look puzzled and honestly say to you that he wasn't aware that he had scratched his head! These techniques are absolutely elementary, and all except those people who are un hypnotizable can be made to do these things without any difficulty.

If you have a highly suggestible subject, you can set him up for a contact weeks or months in advance.

You can program him, as it were, so that he has experienced the "contact" long before he thinks he has. You can instruct him that when a certain event occurs—such as a code-word being spoken—to trigger his reaction, he will suddenly be overwhelmed by an instant flood of recollections of his pre-programmed "contact", which will appear to happen to him then and there. It is no wonder that so many contactees are confused and cannot remember the beginnings and endings of their experiences, and suffer from curious amnesic symptoms, if they are being set up to "experience a contact" which has been hidden from them by posthypnotic suggestion but is reactivated at the discretion of the manipulators.

Many of the "contacts" describe the contactee being examined, as if in clinical conditions, by supposed "aliens." It may well be that these contactees were abducted to clinical surroundings and given intensive fabricated "contact experiences," their memories of these being suppressed, and when the experience is re-lived some of the clinical surroundings inevitably appear, in a hazy kind of way, with the manipulators and hypnotists who created the experience being viewed as, of course, extraterrestrials. It is notable that the "piercing eyes" of the extraterrestrials are generally the primary distinguishing feature. This also indicates situations involving hypnosis.

It would be the easiest thing in the world to set a suggestible person up for a "contact" in this way. If weeks or months had elapsed since the actual experience was imprinted in the subject's mind, the trail would be completely cold for investigators to follow. All those investigators who have looked for some evidence at the time of the experience as they thought of it, were looking weeks or months too late to find anything. The activation of the experience could, being under the control of the manipulators, be timed to coincide with some rather basic use of a small craft which was physically simulating a UFO. Let us imagine ourselves being the manipulators, and see how this could be done:

We have our subject, Mr. Smith. He is a highly suggestible person whom we have observed for some time. We know his personality traits quite well. One or two of us have come to know him personally and gained his confidence. He has tendencies which we can exploit, such as frustrations and feelings of inadequacy. We know that deep within his character is a desire to be thought

important. This is valuable for a potential contactee, who will have to not shrink from public attention when he is "activated."

Mr. Smith's wife goes away to visit her mother for the weekend, and Mr. Smith has nothing much to do. One of us who has gained his confidence asks him to a meal. As Dr. Martin T. Orne, an expert, has written: "The adequate establishment of rapport is a necessary precondition to any hypnotic procedure". Mr. Smith is unknowingly given a mild drug to relax him and enable us to proceed with minimal difficulty. He is now highly suggestible, and the one who has asked him out has a "friend" with him whom he has introduced to Mr. Smith. This friend is a highly trained expert in hypnosis. With almost no trouble, Mr. Smith is put into a hypnotic trance, which is slowly deepened. (We have already seen that Mr. Smith bore all the characteristics of a hypnotizable subject.)

In trance, Mr. Smith is given post-hypnotic suggestion that he will not remember anything of the experience, and if his wife should ask, he will say he was at home watching television on that night. In the trance, Mr. Smith is then brought into another room where a fake "contact experience" is simulated. He is told that these people, perhaps in costume, are extraterrestrials, who have come down in a UFO and want to examine him. Mr. Smith may even be shown a rough "start map", which he will be instructed to remember well, and be able to draw it when the experience comes back to him. This will produce evidence that his contact was "real".

Mr. Smith will be told that when he awakens from trance, he will have no memory of any of this, and that it will only come back to him when the words "Excuse me, my name is Albert and my car has broken down and I need a friend" are spoken to him. Then he will vividly recall the "contact experience" in an overwhelming rush of memory, and it will seem to be happening to him then.

Months later, we know that Mr. Smith will be driving down a certain deserted road because he has to make a journey to somewhere. We stage a broken down car at a certain point and Mr. Smith stops to help. (He can, of course, be instructed that he will stop for all people with break downs, or some other means can be devised to insure his compliance.) A stranger, but really one of

us, comes up to Mr. Smith and says to him through his car window, "Excuse me, my name is Albert and my car has broken down and I need a friend." Mr. Smith is overwhelmed by a sudden flood of imagery and re-lives the fabricated "contact experience". When this has ended, he finds himself at the side of the road, is dazed and confused, and believes he has seen a UFO land and has been inspected by the aliens. In fact, a fabricated light in the sky may have been laid on for him to make it all the more convincing, and give something for others in the vicinity to see and confirm. Mr. Smith is in a terrible state of turmoil and staggers to some nearby town or goes home, and reports his experience. (Alternatively, he may suppress it and have to be prodded later; or he may develop an amnesia through shock and have to have a friendly hypnotist re-activate it!)

What about burns and stalling cars and all the other reported events? It is easy to plant a device in the car to make it stall when activated by a remote control. The burns would require an actual fabricated UFO craft and may indicate a bombardment by microwaves, which would burn. Microwaves can stall a car engine, by the way, if it has an electronic ignition system, for microwave bombardment interferes with electronic systems.

When microwaves are being emitted, they sometimes give off sideways emissions of an uncontrolled sort known as "harmonics" which can shoot off in all directions. It is not necessary for microwaves to be directed at a person to burn him; these cases could be accidental emissions of microwaves harmonics incidental to some other use of microwaves, such as the microwave systems presumed to be used for some navigational and communication purposes by RPVs, or manned RPV-type craft.

Let us look at several more sophisticated variations of this same pattern. You may not be aware of the fact, but a person can actually be hypno-

tized over the telephone. A report of such techniques has appeared in the *American Journal of Clinical Hypnosis*. Remote manipulation of this kind can make the task of investigation all the more difficult, and I would presume that such techniques must be used as often as possible, to protect the manipulators from being traced. Only the most intensive investigations could ever reveal the identities of the manipulators if they were this clever. The one weak link in their chain would be that known hypnotists who have dabbled in contactees are the "lead-in" to their organizations. They are the avenues by which we may possibly discover the identities of the manipulators. For they are the exposed part of the operation.

It is essential also to remember that subjects with considerable trance capacity can be instructed to experience auditory and visual hallucinations in trance, and that if instructed to do this, there is not necessarily a need for an abduction and fabrication of a "contact experience" in the physical sense. Indeed, the curious nature of aliens encountered in this way, which Vallée in his book *Passport to Magonia* has shown to bear relations to traditional folklore, may point to the aliens being hallucinations drawn from the vague cultural milieu at large, or from other previous contactee reports in the newspapers. But these hallucinatory contacts, even when forcefully instructed by post-hypnotic suggestion, might still be less impressive than the real thing fabricated in a physical sense.

Additionally, auditory and visual hallucinations substantial enough to stimulate a UFO contact would only be possible for a tiny minority of hypnotizable subjects with extremely high suggestibility. Such subjects could only be identified with much care and attention over a period of time, presumably with some trance experiments to test the degree of suggestibility beyond doubt. This in itself poses more problems than the physical simulation technique

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would do, and therefore I would expect it only to be used rarely.

The highly individualistic hypnotist, Milton K. Erickson, has shown that he can readily hypnotize unwilling subjects who are energetically resisting him. Several such cases have been reported by him in print. But primarily, subjects for contactee manipulation would have to be approached in a less hazardous manner whereby they were catered to and the approach tailored to their personal needs. Potential contactees could be spotted by psychiatrists or dentists who might have links with the manipulators and be willing to act unethically by spotting clients who responded readily to hypnosis in the course of regular dental or psychiatric treatment. Although this is shocking, it is possible.

Once the primary function has been accomplished of bringing a subject into a role of subservience to his operator, a variety of secondary aims should immediately be followed, whereby the subject's well-being is attended to assiduously. This serves the double-purpose of making the subject contented and happy, and of convincing others of his well-being, but also of masking the primary aim and laying a series of false trails for any future attempt at investigation.

It has been proved that hypnotic induction by video tape is just as effective as induction by a live person sitting in front of the subject. A report in the *American Journal of Clinical Hypnosis* for July, 1975, by Bean and Duff gave the evidence for this, which involved a study of 62 volunteers. They concluded: "Video tape may eventually become the accepted method of standardization for inductions during research, since it . . . provides more experimental control than live inductions." Clearly, the use of video tape by manipulators of contactees would facilitate the covering of their tracks. Perhaps it could be used from the beginning; otherwise, it provides a safe and reliable means of re-inducing trance in subjects at any time. Such a device could even be connected to a person's home television set without his being aware of it, and could take the form at first of a new TV program or commercial, with slight variations so that within a minute or two the induction had taken place without anyone being the least bit suspicious that anything of the kind could have happened. It is also possible that portable video machines

could be used for induction of abducted contactees by unskilled personnel so that one highly skilled and unscrupulous hypnotist could actually induce hypnosis in every single contactee in America without moving from his desk.

Unskilled personnel can actually evaluate hypnotizability and spot potential subjects. Dr. Julio Dittborn published an article in the *International Journal of Clinical and Experimental Hypnosis* in 1968 where he described a technique for evaluating hypnotizability without enabling the subject to suspect that is what you are doing. The same technique can be used to induce trance, with the subject equally ignorant of the true aims. Hypnosis can be induced in ways other than the conventional one of "going to sleep" which most people think of. Hilgard had demonstrated that subjects can be put into trance while engaged in vigorous physical exercise. Indeed, some long-distance runners can endure the fatigue better than others because they practice auto-hypnosis and instruct themselves not to feel the pain. Experiments at Stanford University have demonstrated conclusively the possibilities of "alert hypnosis" or "hyperalert trance," and that it can enhance muscular capabilities. Dr. Charles Tart's experiments in mutual hypnosis of two people also resulted in incredibly deep trances.

People who have used drugs seem to be more inclined to be hypnotizable than others, according to a tentative study by Dr. David Nuys published in 1972. When searching for contactees, potential subjects who had been involved in meditation schools would be strong possibilities, because a study by Dr. Stojan Baykushev of Bulgaria, published in 1969, demonstrated that the common technique of hyperventilation which can be used for some forms of meditation can definitely facilitate the induction of hypnotic trance. Infiltration of meditation schools by contactee manipulators could result in the forming of friendships with meditators leading to meditation together in the same room whereby the manipulator could at some point enter into the other person's awareness to induce trance,

utilizing that person's unsuspecting and voluntary hyperventilation as a useful preliminary. A simple post-hypnotic suggestion would be sufficient to erase all conscious memory of the episode, and the victim would merely have vague recollections of having had a really sublime meditation session, where he seemed to drift off into a pleasant state. In fact, he may have become his friend's tool and be subject to his continued control in certain matters for years to come. The possibilities here seem to me distinctly dangerous, regardless of the specific hypothesis of contactee manipulation. The possibilities for manipulation by unscrupulous people of all types seems limitless. I suspect that this is already commonly done. It would also seem that the victims of the mass-suicide at Jonestown were subjected to group hypnosis which was continually reinforced over many months.

Dr. Ernest Hilgard, in his book *Divided Consciousness* (reviewed in *Second Look's* March issue), gave conclusive evidence for the existence of a "hidden observer" that retains rational awareness beneath the level of the "hypnotized self". I therefore recommend Task Number Five: a crash program to examine as many UFO contactees as possible through reliable hypnotic inductions performed in front of witnesses and recorded on video-tape under the auspices of a Congressional Committee, to discover from deep trance whether the "hidden observers" inside the minds of the contactees can reveal the kind of hypnotic manipulation I have suggested. There appears to be no known way of the manipulators erasing the memories at these deep levels, and every manipulated contactee walking around is therefore a vital and irrevocable threat to the manipulators, if they exist and if the hypothesis I am suggesting is true. For these contactees can, if they are willing, be "opened up" and the truth will come out. The only remaining weapon in the arsenal of the manipulators is to try and stop this being attempted, by ridicule, and by all manner of means throwing discredit on the suggestion. When such investigations are eventually made, the Greatest Hoax in History may be exposed. Or it may be that we will discover that my hypothesis was not true after all. *But we must know . . .*

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